

being fair at school

Being fair means treating people equally and following rules. Being fair is not always easy, but it is important. If an adult is not fair at work, they can get into serious trouble. At school, if you are not fair to other students, you could also get into trouble. But, when you are fair, you know you have done the right thing and it can make you feel good.

➤ Write down some examples of when you have been fair to other people.

To help you be fair, it is important to remember that **everyone is unique**, which means different. People are different in many ways. For example:

- How tall or short people are
- Different hair colours and styles
- Different colour skin and eyes
- The clothes people wear
- How quickly people learn
- Different foods people like

➤ What are some of the other differences that make people unique?

It is important to remember that all of these differences between people do not make anyone better than someone else. Also, just because people are different, you are not allowed to treat them unfairly.

When you realise that everyone is unique, it is easier to **treat everyone equally**. It is not fair to favour someone for no reason or to gang up on anybody. Treating people equally means that everyone gets a fair go.

➤ What are some other good reasons to treat people equally?

Part of being fair can also include encouraging other people to do their best. When people encourage each other, it can help them to feel a part of the group or class. **Encouraging each other** can also mean that you help someone to do better at something.

➤ How do you feel when someone encourages you?

➤ Can you think of an example of when you encouraged someone?

Because being fair is hard sometimes, it can be very helpful to **think before you speak**. Thinking before you speak will help stop you from calling other people bad or nasty names that are not friendly and will get you into trouble. It can be very hard to think before you speak, but you can definitely improve with practice. To improve you have to remember to think about what you are going to say, before you say it out loud. When you do this, it helps you to realise if you are going to say the right thing or not. If it is a good thing to say, you can say it out loud, but if you realise it is not a good thing, you can say something else or nothing at all.

➤ What are some good reasons to be fair at school?

➤ Can you think of some examples of seeing other people being fair at school?