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primary

do your best at school

Sometimes it is hard to do your best at school, but it can be important.

Good reasons to do your best at school are:

- You can learn many new things
- You will be able to read and write better
- You will be able to talk to other people better
- You will improve faster!
- You feel good about yourself when you try hard
- Your parents and teachers will be happy about your effort
- Even if something isn't perfect, that is OK, because you will know that you tried your best

➲ What other reasons can you think of for doing your best at school?

There are many different ways that you can do your best at school. Some important ways to do your best include listening, trying and having a go.

Always **LISTEN CAREFULLY.** Did you know that you remember things better if you listen more carefully? To help you to listen more carefully try these things:

- Look at the person when they speak and make eye contact
- Wait until the person has finished before you start speaking
- If you are not sure what someone has said, ask them to say it again

Another thing to help you do you best is to **TRY HARD.** When you try hard, you will know that you have done your best. Even if some work is hard, the more you try, the more you will learn. If something is too hard you can get help from your parents, teachers or a friend.

To help you try hard, sometimes it is better to sit close to the front, so you can listen better. Sometimes it is important not to sit next to your friends or people who distract you or people that you will always talk to. Remember that you can play at lunch time or recess.

To help you do your best you should also try to **HAVE A GO,** especially with new things. When you go to school, there are many new challenges, such as excursions, camps, new books, talking to new students or adults, playing new games or playing new sports. When you try different things, it can be hard, but it can also help you to feel good and to learn more. When you have done something more than once it usually gets easier and easier. This can happen for maths questions or playing games, but if you have a go at something new, remember that it does get easier.

Sometimes when you have a go at new things, you also make mistakes. Everybody makes mistakes, no matter how smart you are. Sometimes making a mistake can even be good, because you can learn from your mistakes. Every person learns in a different way and at different speeds, so if other people in your class learn things faster or slower than you, do not get upset. Remember that **DOING YOUR BEST** is the most important thing.

➲ What other things help you do your best at school?

your effort counts

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